



www.combatbullying.eu

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Combat Bullying: A Whole School Program

Cyberbullying involves the use of computers, tablets, mobile phones to hurt, socially exclude, humiliate, spread rumours for, upset, harass, damage the reputation, threaten, embarrass someone.

Common locations for cyberbullying:

- Chat rooms
- Social networking sites
- Email
- Instant Messaging

Spreading rumors is the most common type of cyberbullying



Cyberbullying can take place on Social Media!

It includes:

- Sending mean emails or messages
- Posting embarrassing pictures & videos
- Making fun of someone in an online chat
- Creating fake profiles to impersonate someone else
- Tricking someone into revealing personal or embarrassing information

Mobile phone is the most popular medium for cyberbullying

Only **1 in 10** victims will inform a parent or trusted adult of their abuse

Nearly **40%** of children have experienced cyberbullying

68% of teenagers agree that bullying online is a serious problem

