



www.combatbullying.eu
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Combat Bullying: A Whole School Program

PARENTS!

If you think your child is being bullied,
watch out for any unusual behaviour.

LOOK OUT FOR THESE SIGNS

depressed

suddenly behaves differently

self-harm

wets the bed

takes risks

nightmares

soils clothes

eating disorders

withdrawn

anxious

drugs

clingy

thoughts about suicide

alcohol

problems sleeping

aggressive

misses school

changes in eating habits

obsessive behaviour

